HOLIDAY CAMP TIMETABLE

MORNING	
PERIOD	ACTIVITY
8.30- 9.15 (45 MIN)	**MORNING PRIVATE LESSON 1**
9.15- 10.00 (45 MIN)	**MORNING PRIVATE LESSON 2**
10- 10.15AM	INTRO TO Morning Group
10.15- 10.50 (35 MIN)	1 PERIOD
10.50- 11.25(35 MIN)	2 PERIOD
11.25. 11.45 (20 MIN)	**BREAK**
11.45- 12.20 (35 MIN)	3 PERIOD
12.20- 12.55 (35 MIN)	4. PERIOD
1-2 PM	**LUNCH BREAK**

AFTERNOON	
PERIOD	ACTIVITY
2- 2.15PM	INTRO TO Morning Group
2.15- 2.50 (35 MIN)	1 PERIOD
2.50- 3.25(35 MIN)	2 PERIOD
3.25. 3.45 (20 MIN)	**BREAK**
3.45- 4.20 (35 MIN)	3 PERIOD
4.20- 4.55 (35 MIN)	4 PERIOD
AFTERNOON TENNIS LESSONS	
5- 5.45 PM (45 MIN)	**EVENING PRIVATE LESSON 1**
5.45- 6.30PM (45 MIN)	**EVENING PRIVATE LESSON 2**

DAY	THEME
MON 15	OLYMPICS
TUE 16	CHAMPIONS LEAGUE
WED 17	DAVIS CUP
THU 18	COLOR WAR
FRI 19	CARNIVAL
END FIRST WEEK	
MON 22	EASTER DAY ACTIVITIES
TUE 23	ARTISTIC KERMESSE
WED 24	WORLD CUP
THU 25	GRAND SLAMS (ANZAC HOLIDAYS)
FRI 26	TRIBES
END	

DAILY ACTIVITIES TIMETABLE
WEEK 1

DAY 1 OLYMPICS	ACTIVITY	RAINY DAY ACTIVITIES
PERIOD 1AM	MEET THE COACHES	MEET THE COACHES
PERIOD 2AM	TENNIS	HAUNTED HOUSE (MAKE YOUR OWN MONSTER FACES)
PERIOD 3AM	SOCCER	EAT THE DONUT/ CHUBBY BUNNIES/ FOOTBALL TOSS
PERIOD 4AM	RELAY RACES	FORTUNE TELLING/ MARRIAGE BOOTH
	BREAK	
PERIOD 1PM	TENNIS BASEBALL	JUMP THE ROPE
PERIOD 2PM	BASKETBALL/ NETBALL/ EUROPEAN HANDBALL	CIRCUITS (DRIBBLING, THROWING, CATCHING, ETC
PERIOD 3PM	ULTIMATE FREESBE/ CIRCUITS	WHO AM I/ PREP FOR TALENT SHOW
PERIOD 4PM	THROWING/ DODGE BALL/ LINES (AND AWARDS)	HIGHLANDS GOT TALENT (AND AWARDS)

DAY 2 CHAMPIONS LEAGUE	ACTIVITY	RAINY DAY ACTIVITIES
PERIOD 1AM	MEET THE COACHES	MEET THE COACHES
PERIOD 2AM	DEVELOP SKILLS – PASSING- (THROWING, KICKING)	EGG AND SPOON RACE/ 3 LEGS RACES
PERIOD 3AM	DEVELOPING SKILLS – KICKING- STRIKING, ETC.	BOARD GAMES
PERIOD 4AM	PENALTIES AND FREE KICKS (GAMES)	PENALTY KICKS
	BREAK	
PERIOD 1PM	WARM UP	GOLF TENNIS
PERIOD 2PM	MATCHES (1 VS 1, 2 VS 2)	ZUMBA
PERIOD 3PM	MATCHES BY TEAMS	THEATRE/ DRAMA/ FLOSSING
PERIOD 4PM	COOL DOWN (AND AWARDS)	ULTIMATE CHALLENGES (AND AWARDS)

DAY 3 DAVIS CUP	ACTIVITY
PERIOD 1AM	MEET THE COACHES
PERIOD 2AM	DEVELOPING SKILLS – GROUNDSTROKES
PERIOD 3AM	DEVELOPING SKILLS – VOLLEYS
PERIOD 4AM	JAIL BREAK, CRAZY TENNIS, CHAMP, ETC.
	BREAK
PERIOD 1PM	RACKET WARM UP (GETTING READY FOR COMP)
PERIOD 2PM	DEVELOPING SKILLS SERVE
PERIOD 3PM	MATCHES BY COUNTRIES
PERIOD 4PM	GAMES (KILLER, CHAMP, JAIL, ETC) (AND AWARDS)

DAY 4 COLOR WAR	ACTIVITY
PERIOD 1AM	MEET THE COACHES
PERIOD 2AM	THROWING/ DODGE BALL/ LINES
PERIOD 3AM	SOCCER MATCHES BY TEAMS
PERIOD 4AM	GAMES (KILLER, CHAMP, JAIL, ETC)
	BREAK
PERIOD 1PM	SCAVENGER HUNT
PERIOD 2PM	BASKETBALL/ NETBALL/ EUROPEAN HANDBALL
PERIOD 3PM	ULTIMATE FREESBE/ CIRCUITS/ TENNIS BASEBALL
PERIOD 4PM	KICKBALL/ RELAY RACES (AND AWARDS)

DAY 5 CARNIVAL	ACTIVITY
PERIOD 1AM	MEET THE COACHES
PERIOD 2AM	HAUNTED HOUSE (MAKE YOUR OWN MONSTER FACES)
PERIOD 3AM	EAT THE DONUT/ CHUBBY BUNNIES/ AMERICAN FOOTBALL TOSS
PERIOD 4AM	FORTUNE TELLING/ MARRIAGE BOOTH
	BREAK
PERIOD 1PM	FULL CAMP JUMP THE ROPE
PERIOD 2PM	CIRCUITS (DRIBBLING, THROWING, CATCHING, ETC
PERIOD 3PM	WHO AM I/ PREP FOR TALENT SHOW
PERIOD 4PM	HIGHLANDS GOT TALENT (AND AWARDS)

DAILY ACTIVITIES TIMETABLE
WEEK 2

DAY 6 EASTER	ACTIVITY	RAINY DAY ACTIVITIES
PERIOD 1AM	MEET THE COACHES	MEET THE COACHES
PERIOD 2AM	TENNIS	HAUNTED HOUSE (MAKE YOUR OWN MONSTER FACES)
PERIOD 3AM	SOCCER	EAT THE DONUT/ CHUBBY BUNNIES/ FOOTBALL TOSS
PERIOD 4AM	EASTER EGGS HUNT	FORTUNE TELLING/ MARRIAGE BOOTH
	LUNCH	
PERIOD 1PM	TENNIS BASEBALL	JUMP THE ROPE
PERIOD 2PM	BASKETBALL/ NETBALL/ EUROPEAN HANDBALL	CIRCUITS (DRIBBLING, THROWING, CATCHING, ETC
PERIOD 3PM	ULTIMATE FREESBE/ CIRCUITS	WHO AM I/ PREP FOR TALENT SHOW.
PERIOD 4PM	THROWING/ DODGE BALL/ LINES (AND AWARDS)	HIGHLANDS GOT TALENT.

DAY 7 ARTISTIC KERMESSE	ACTIVITY
PERIOD 1AM	MEET THE COACHES
PERIOD 2AM	EGG AND SPOON RACE/ 3 LEGS RACE
PERIOD 3AM	PREP FOR TALENT SHOW
PERIOD 4AM	HIGHLANDS GOT TALENT
	LUNCH
PERIOD 1PM	ARTS & CRAFTS
PERIOD 2PM	ARTS & CRAFTS
PERIOD 3PM	THEATRE/ DRAMA/ FLOSSING
PERIOD 4PM	CHALLENGES: HOOPS AND BALLS/ BOTTLE FLIP

DAY 8 WORLD CUP	ACTIVITY
PERIOD 1AM	MEET THE COACHES
PERIOD 2AM	DEVELOP SKILLS – PASSING- (THROWING, KICKING)
PERIOD 3AM	DEVELOPING SKILLS – KICKING- STRIKING, ETC.
PERIOD 4AM	PENALTIES AND FREE KICKS (GAMES)
	LUNCH
PERIOD 1PM	SKILLS WARM UP
PERIOD 2PM	MATCHES (1 VS 1, 2 VS 2)
PERIOD 3PM	MATCHES BY TEAMS
PERIOD 4PM	COOL DOWN (AND AWARDS)

DAY 9 GRAND SLAMS	ACTIVITY
PERIOD 1AM	MEET THE COACHES
PERIOD 2AM	DEVELOPING SKILLS – GROUNDSTROKES
PERIOD 3AM	DEVELOPING SKILLS – VOLLEYS
PERIOD 4AM	JAIL BREAK, CRAZY TENNIS, CHAMP, ETC.
	LUNCH
PERIOD 1PM	RACKET WARM UP (GETTING READY FOR COMP)
PERIOD 2PM	DEVELOPING SKILLS SERVE
PERIOD 3PM	MATCHES BY COUNTRIES
PERIOD 4PM	GAMES (KILLER, CHAMP, JAIL, ETC) (AND AWARDS)

DAY 9 TRIBES	ACTIVITY
PERIOD 1AM	MEET THE COACHES
PERIOD 2AM	THROWING/ DODGE BALL/ LINES
PERIOD 3AM	SOCCER MATCHES BY TEAMS
PERIOD 4AM	GAMES (KILLER, CHAMP, JAIL, ETC)
	LUNCH
PERIOD 1PM	SCAVENGER HUNT
PERIOD 2PM	BASKETBALL/ NETBALL/ EUROPEAN HANDBALL
PERIOD 3PM	ULTIMATE FREESBE/ CIRCUITS/ TENNIS BASEBALL
PERIOD 4PM	TRACK AND FIELD (RELAY) AND AWARDS
	END OF THE HOLIDAY CAMP